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Modern life is impossible to imagine without a computer. Now these technical tools are available in almost every home or office. Some families even have more than one PC. It performs many useful functions and almost irreplaceable in everyday life. But is it really useful to use a computer?

Some people believe that frequent use of computer can be harmful to health. Millions of people sit at the monitor every day and do not even know about the consequences. First of all, prolonged staring at the screen can be harmful to the eyes. Almost everyone has vision problems now. Also our back suffers from sitting at the computer. Second, computers have a negative influence on social relations. People get used to being and meeting online that they forget about real people and relatives. They stop communicating and spending time outside.

On the other hand, the computer also has numerous benefits. For example, free access to the information. You don't need to look through thick textbooks and encyclopedias to find something. You can simply find it on the Internet. Learning has also become much easier and more accessible. A teacher can demonstrate the material on the screen with the help of a computer. This is very helpful for those who perceive visual information better. In addition, computers help people relax and distract themselves from everyday problems. You can just sit down in the evening and play with friends, or watch a movie. Computers are also very valuable for work. Because they save a huge amount of time and simplify the tasks.

I think that the computer has more advantages than disadvantages. After all, it brings so much benefit not only to people, but also to the environment. So you don't need to use paper to write something, you can simply use an electronic Notepad. You can also store a huge amount of information on your computer, and even old photos, because they will not be lost or spoiled there.

Summing up, we can say that the computer has both advantages and disadvantages. But you should use it wisely. After all, the role of computers in our lives is huge. They are our future, whether we like it or not.